

REFLECTIONS ON YEAR FOUR

Reflection is a critical aspect of being an excellent instructor. There are two primary types of reflective practice- *reflection in action* and *reflection on action*. *Reflection in action* allows an instructor to critically evaluate actions, activities, and performance while the action is taking place. *Reflection on action* takes place following the instructional session. Excellent instructors are constantly reflecting on their performance, the students' performance, the classroom environment, and other factors. This allows them to take immediate action to maximize the teaching and learning experience or to make decisions that will lead to changes for future application.

ASSIGNMENT

Begin to write notes or observations related to your learning experiences from your Year Four courses (Discussion Methods and Creating an Active Training Environment). Review the notes and observations periodically throughout the upcoming year. Use the following questions to guide your thoughts:

1. What were the major topics covered that will have the most impact on your instruction at your JATC / AJATC?
2. How will you apply concepts and skills learned during Year Four?
3. How has your attitude been changed as a result of your participation in Year Four?
4. What are some possible obstacles or resistance that you may encounter when you apply what you have learned at your own JATC / AJATC?
5. What are some possible solutions that you may be able to apply to overcome the identified barriers?
6. What are some resources that you need to use as you implement these new concepts, skills, and attitudes?

Feel free to add any additional comments based upon your personal experiences during Year Four.