

## REFLECTIONS ON YEAR ONE

Reflection is a critical aspect of being an excellent instructor. Reflection allows an instructor to carefully evaluate activities and performance. Reflection should occur before, during and after the instructional session. Excellent instructors are constantly evaluating their performance, the students' performance, the classroom environment, and many other factors. This allows the instructor to take action and make decisions that will lead to improvement.

## ASSIGNMENT

Begin to write notes or observations related to your learning experiences from your Year One courses (Principles of Learning and Elements of Trade Teaching). Review your notes and observations frequently throughout the upcoming year.

*Use the following questions to guide your thoughts:*

1. What were the major topics covered that will have the most impact on your instruction at your JATC / AJATC?
2. How will you apply concepts and skills learned during Year One?
3. How has your attitude been changed as a result of your participation in Year One?
4. What are some possible obstacles or resistance that you may encounter when you apply what you have learned at your own JATC \ AJATC?
5. What are some possible solutions that you may be able to apply to overcome the identified barriers?
6. What are some resources that you need to use as you implement these new concepts, skills, and attitudes?

Feel free to add any additional comments based upon your personal experiences during Year One.